

*Heart Talk Matters and Communicate2Connect Inc. present*



## ***The Art of NVC Mediation***

**5 Day Immersion Training, with Kate Raffin**

**14 - 18th November, Brisbane**

**This is a step-by-step training in skills for formal and non-formal conflict mediation, for individuals, groups and workplaces, based on the skills and intentions of Nonviolent Communication (NVC).**

**Kate Raffin** is an accredited Mediator under the Australian National Mediator Accreditation System (NMAS); an experienced NVC Mediator, and a certified and highly skilled NVC trainer. Kate has a gift for facilitating and holding space for others, bringing clarity, sensitivity, authenticity, creativity, humour, and deep care to her trainings.

**This training is for** NVC practitioners, facilitators, and people trained in conventional mediation, who have completed at least 2 days NVC training with a certified trainer.

The skills you will learn in this training are useful in all aspects of your life, with results that support not only the actual issue at hand, but the relationships into the future. Mediators, facilitators & trainers will deepen and extend existing skills. Mediators will expand what you're able to bring to your clients.

## The training includes

- The 9 mediator skills
- The two phases and five steps of effective mediation
- Designing and facilitating inter- and intra-group mediation
- New approaches to common mediation challenges
- **And How To:**
- Mediate or facilitate in the presence of passivity, fear and resistance
- Work with challenges, reactivity and intensity
- Support people in conflict to hear each other by choice
- Be involved in a conflict and still choose to take the side of peaceful conflict response
- Recognise your own default settings in responding to conflict, and learn to increase your options to maximum benefit for all
- Identify and harvest every interaction to build connection and good will even in intensely challenging situations
- Mediate the current conflict while supporting parties to re-perceive their ability to connect peacefully and effectively in the future
- Attend to what really matters and cut the exhausting guess work by supporting and making clear requests
- Foster the qualities of safety, openness and curiosity, leading to collaborative solutions that work for all
- Naturally translate judgements and enemy images into common human need language with greater ease
- Sustain yourself by returning to presence and connection in the midst of intense conflict
- Create your peer learning & support systems

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"I would trust Kate with my own family if conflict arose" Linda Rysenbry, 2017 colleague,  
[www.everydaylove.com.au](http://www.everydaylove.com.au)

"A very valuable training - I will be able to take the skills and understandings into my work place of restorative justice, and into my life/relationships - a very practical workshop" Participant 2016

"Kate explains the concepts clearly and facilitates you to really experience them. I love her authenticity and clarity. She holds everyone with such care, demonstrating her deep NVC skills in real life" Julie Lawrence

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**Places at this training are limited, and we expect it to book out, so please register early to avoid disappointment.**

## **COST**

Early-bird \$850 till 31st August/ C2Ci members \$750

Full price \$950/ C2Ci members \$850

Concession \$750/ C2Ci members \$650

\$200 deposit or full payment secures your place. Early Bird payments due in full by 15th September. All other payments due in full by 20th October

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[FULL DETAILS & more about Kate click here](#)

[Join C2Ci](#) (Communicate2Connect Inc)

**Register Here**

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